



SOUTHEAST ALASKA INDEPENDENT LIVING

Inspiring Personal Independence



Annual Report  
2009

SAIL is proud to be an Aging and Disability Resource Center  
and partner agency of United Way of Southeast Alaska

*“Alone our power is limited, but together we make a world of difference right here in Southeast Alaska”*



Southeast Alaska Independent Living (SAIL) had numerous accomplishments and successes this past year and we are excited to share our 2009 Annual Report with you.

In FY09 SAIL provided a wide variety of programs and services for more than 900 people with disabilities and seniors residing in 19 different communities scattered throughout Southeast Alaska. We could not touch so many lives without you—our dedicated volunteers, staff and board of directors; our generous individual and business donors, private foundations and government grantors; and our collaborative partners. You can count on us to be good stewards of the trust you place in us.

SAIL is proud of the difference we make in people's lives and we strive to keep you informed. If you would like to receive our quarterly newsletter either electronically or in the mail, please let us know. If you'd like to volunteer, make a donation, or know someone who could benefit from any of our programs or services, please don't hesitate to contact us.

*Joan O'Keefe*

Joan Herbage O'Keefe, Executive Director

## *Board of Directors*

- *Robert Purvis, President*  
*Sitka*
- *Clark Gruening*  
*Juneau*
- *Gale Vandor, Vice President*  
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- *Joe Tompkins*  
*Juneau*
- *Elena Rath*  
*Ketchikan*



**Public participation is encouraged at the monthly board meetings!** Our Board meets every 4th Tuesday at the SAIL Juneau office at 5:45 pm. If you are interested in attending, but do not live in Juneau, you may contact us at 1-800-478-7245 to make arrangements to attend telephonically. For more information on SAIL, to volunteer or to apply for a position on our Board, please contact your local SAIL office.

## *SAIL At A Glance*

**Who We Are** Southeast Alaska Independent Living (SAIL) is a consumer-run, consumer-controlled agency in the truest sense of the meaning: our philosophy is that people with disabilities are their own best advocates and serve as the best example to their peers as models of success. To that end, 51% of all staff, decision-makers and board of directors are individuals with disabilities. Our mission at SAIL is to inspire independence for everyone. We not only advocate for and encourage independence for people with disabilities we also do so for our senior citizens. We are fortunate to have a fantastic support network as we strive to reach our goal of independence for all!



**History** Centers for Independent Living were first established across the country in the early 1970s, and were defined much as they are today as consumer-controlled, community based, cross-disability, nonresidential, nonprofit agencies. SAIL was officially incorporated as a non-profit organization in 1992. SAIL was born with four staff members serving 30 consumers and a budget of \$230K. Since then, the agency has grown to over 20 employees, serving over 900 consumers a year, with an annual budget of over 1.5 million dollars.



*Independent living is  
giving people the tools  
they need to help themselves*

**What we do:** SAIL's core services are Advocacy, Information and Referral, Independent Living Skills Training, Peer Support and De-Institutionalization. In addition to these services, SAIL offers programs that support independent living including benefits counseling, home modifications, assistive devices, emergency financial assistance, a loan library, peer support groups, recreation and community inclusion activities, and Deaf Services including the sign language interpreter referral program.

**This report is available in accessible formats such as large print and braille upon request from any SAIL office. It also can be downloaded from our website:**

[www.sailinc.org](http://www.sailinc.org)

**SAIL** provided *independent living services* to **909**

seniors and individuals with disabilities

in **19** Southeast Alaska communities.

**SAIL** responded to **42** requests for *advocacy services*,  
**769** *information and referral* requests and **194** requests for  
*assistive technology and adaptive devices*.

**SAIL** taught *disability awareness and etiquette* to **2000**

elementary and high school

students and over **3 dozen** businesses. **SAIL** provided

*Sign language interpreters* on **370**

different occasions and offered **259** *recreation opportunities*.

**605** individuals received independent living *skills training*.

**Transportation** is a critical aspect of independence. SAIL is proud to be an active members of three community-wide Coordinated Transportation Planning Committees. SAIL's accessible taxi in Juneau and Taxi Token Program, which offers subsidized rides for seniors and people with disabilities, continues to be one of SAIL's most utilized programs serving 225 new people last year. Total enrollment in the program is 415 seniors and people with disabilities.

## Achieving Independence...

Royal Henderson is a 14 year old young man who has cerebral palsy which impacts his balance, coordination, vision, and fine motor activities. It has been Royal's goal, since the age of six, to learn how to ride a bike. By teenage years, being independent of ones' parents in the realm of transportation is a crucial step towards adulthood. Many different specialized bikes were tried. Nothing worked. One day Royal and his Mom noticed someone riding a recumbent bike and immediately realized this was the answer. Recumbent bikes are specialized and expensive. SAIL was able to help with funding so that Royal could achieve his independence. Now Royal is rarely seen without his bike. He rides it with his friends, he rides it to his mom's office, and he even rides it back and forth to school. He is proud of it, more importantly, he is proud of himself and confident that he can, finally, get himself around independently, in his community.



*"I can't believe it took us so long to figure it out.... The most important aspect of the bike is the amount of independence and freedom it has given him. The bike evened the playing field for the first time."*

*-Lenise Henderson-Fontenot (Royal's Mom)*

## Housing.... Not Just a Need, But Also a Right

During FY09 SAIL helped 43 individuals with housing, home modifications and shelter services. SAIL provided in depth Social Security Benefits Analysis to 12 people so that they could get back to work without worrying about losing their benefits! SAIL remains an active partner in the Juneau Homeless Coalition. SAIL helped purchase or loaned Assistive Technology to 194 individuals making it possible for them to remain independent in their home.

*The National Law Center on Homelessness and Poverty, shows that more than 40% of homeless people qualify for disability payments but less than 11% receive them.*

**HomeMAP** (Home Modifications for Aging in Place) is SAIL's newest program which aims to address health, safety and quality of life issues in the home for seniors and people with disabilities. The program is receiving rave reviews from consumers, who are enthusiastic and grateful for their FREE in-home consultation services. After an in depth home visit from the HomeMAP team (SAIL staff that have extensive backgrounds in accessible home construction and ADA regulations) the home owner or tenant is given a detailed written report that they can use with contractors or a care coordinator to accomplish modifications that will improve their life at home.



Charlotte Stanberry, a SAIL consumer, enthusiastically exclaimed that her quality of life has increased 150% since she came into contact with the HomeMAP crew. Not only did she receive a HomeMap consultation and report, but she also received funding to help her with the cost of materials and supplies. The HomeMAP team is working closely with a Rotary Club volunteer, who is busily installing smoke detectors and grab bars, as well as upgrading stairs and handrails, all guided by the HomeMAP report. The team solicited and received a service donation from Juneau Electric to address some concerning electrical safety issues. Additionally, the team introduced her to a CCTV from the SAIL loan closet so that she could read her mail again and UV Shield tinted over-glasses because she is very sensitive to glare. This discovery is a source of great excitement for her.

*"I stepped out on the back porch to check on Aries (her dog) and was wearing my overglasses, I saw a rainbow for the first time in years! It was so WONDERFUL! Thank you, SAIL!"*

## RecWorks... Works!

RecWorks! is a pilot project designed to demonstrate that participation in recreation can build pre-employment and ultimately long-term employability skills. Our philosophy is that recreation influences all aspects of a person's life: their employment, social life, physical well being and a sense of place in their community. Challenging recreation opportunities give an individual a chance to recognize their ability to succeed. Through participation in SAIL's popular Outdoor Recreation and Community Access (ORCA) program, and in concert with focused pre-employment training geared to build on positive employment outcomes, participants are supported and encouraged in their personal development.

**By the end of FY09 100% of the RecWorks participants had jobs!**



*70 % of working age people with disabilities are unemployed, although over 72% of people with disabilities report that they would like to work. Of those with disabilities who work, 1/3 fall below the poverty level.*

**In FY 09 SAIL provided vocational/employment services to 193 individuals and facilitated 14 employment matches for National Disability Mentoring Day.**



*"We loved having Robin working at the fair. I saw a change in him over the summer... He took on more and more responsibilities. He was proud of the work he did. I hope he can come back next summer." Kelly Hostetler, Executive Director SE AK*

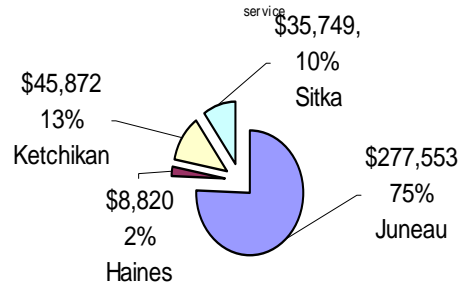
# Financial Summary

SAIL was honored this year to be the recipient of several large donations. In Juneau, **Alaska Glacier Seafoods** and **Western Auto Marine** each donated \$2500 to sponsor Guest Speaker and acclaimed author Ryan Knighton to talk about his life without sight. In Sitka, **Seimeen Bone** decided it was time to introduce a **Red Dirt BBQ** to the local community, and produced an event that ended with a check written to SAIL for over \$2800. What a gal! **Adam Kelly** continues to gift SAIL with the proceeds from the sale of his own **DVD – The Ultimate Alaskan Experience** – this year bringing in \$1000. **Allen Marine Cruises** continues with their support of all 3 of our Southeast offices, donating an ever-popular whale watching cruise in Juneau, Sitka, and Ketchikan. This event sells itself and brought in over \$10,000, SAIL also benefitted from the largesse of the **Alaska Community Foundation** with a \$3000 grant, matched by the **Douglas Dornan Foundation** with another \$3000, and the **Machamer Fund** with \$1000. Matching contributions and challenge grants can really bring it home. **Wal-Mart Foundation** donated \$1000 in Ketchikan and another \$1000 in Juneau. **Juneau Lions Club** donated \$2100 towards our loan closet, low vision program, and ORCA recreation program. **Thank you for your support! Together we can make a difference.**

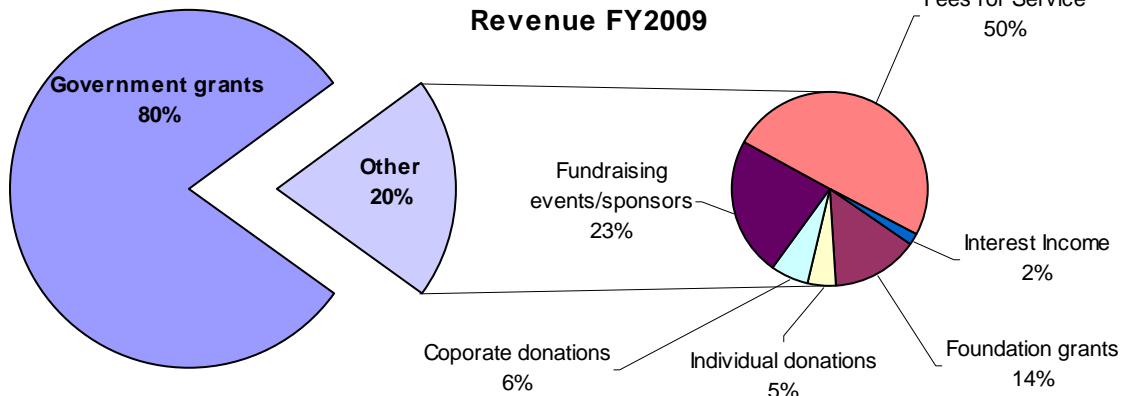


## Local Support - by City - FY09

Donations, fundraising events, municipal & foundation grants, fees for service



	<u>FY2009</u>	<u>FY2008</u>
<b>ASSETS</b>		
Cash and cash equivalents	222,612	251,142
Investments	80,188	77,776
Accounts Receivable	17,846	18,890
Grants receivable	151,242	85,539
Prepaid expenses and other	49,283	38,237
Equipment less depreciation	78,075	119,438
<b>TOTAL ASSETS</b>	<b>599,246</b>	<b>591,022</b>
<b>LIABILITIES &amp; NET ASSETS</b>		
<b>Liabilities</b>		
Accounts payable	63,921	52,815
Deferred Revenue	0	16,347
Accrued Leave	28,108	28,223
<b>TOTAL LIABILITIES</b>	<b>92,029</b>	<b>97,385</b>
<b>Net Assets</b>		
Unrestricted	497,324	486,551
Temporarily Restricted	9,892	7,086
<b>TOTAL NET ASSETS</b>	<b>507,216</b>	<b>493,637</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>599,245</b>	<b>591,022</b>



# ***Thank You FY 09 Donors & Sponsors (July 1, 2008 to June 30, 2009)***

## **Universal Access Circle: \$3000 or more**

Alaska Community Foundation  
Douglas Dornan Foundation  
First Bank  
Fortuna O'Dell  
Holland America Line  
Jean Kline  
Sitka Charitable Trust  
Skaggs Foundation  
United Way Southeast

## **Barrier Remover's Circle: \$1000-\$2999**

Adam Kelly  
Allen Marine Tours  
Alaska Airlines  
Alaska Glacier Seafoods  
Alaska Grafix  
Alaska Marine Lines/Lynden Transport  
Eaglecrest Ski Area  
Everyday Alaskan Gifts  
GCI Cable  
Gale and Karl Vandor  
Harold and Donna Gregg  
Juneau Empire  
Juneau Lions Club  
K3 Broadcasting  
KINY/KSUP  
Ketchikan Daily News  
Lee and Christy Hagmeier  
Mary Gregg  
Printing Trade Company  
Rasmuson Foundation  
SEARCH  
Simone Machamer  
Southeast Alaska Discovery Center  
Western Auto Marine  
Wings Airways

## **Invest in Ability Circle: \$500-\$999**

Air Excursions  
Alaska Fly 'n' Fish Charters  
Baranof and Company  
Candy Behrends  
Clark Gruening  
Cornerstone Home Health  
Curves for Women  
DIPAC  
Elena Rath  
Faulkner Banfield, P.C.  
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Kimberly Keifer  
KTKN  
Marc Matsil  
Mike Cessnun  
North Star Trekking  
RoseMarie Duran  
Temsco Helicopters  
Tongass Trading Co.  
Wings of Alaska

## **Collaborators' Circle: \$250-\$499**

Alaska Pacific Bank  
Alaska Travel Adventures  
Alaska Federal Credit Union -JNU  
Alaska Federal Credit Union - KTN  
Alaska's Capital Inn  
Adlersheim Wilderness Lodge  
Beatrice Shepard

Crazy Wolf Studio Gallery  
Danielle Lindoff  
Diane Biggee & Sudie Hargis  
F/V Shadow—Kara Lunde  
Filipino Community Inc.  
First City Electric  
Fjord Flying  
Gastineau Guiding  
Gene Chilton  
Glacier Bay Sea Kayaks  
Glacier Valley Rotary  
Gregory H. Dostal MD, PC  
Gustavus Inn/ Dave & JoAnn Lesh  
Hale Foundation  
Harry Race Pharmacies  
Housekeeping Solutions  
IBEW Local 1547  
IBEW Local 1547—KTN  
Jenifer Shapland  
Lonnie Anderson  
Miss Scarletts  
Mark Alan House  
Mt. Roberts Tramway  
NAPA Auto Parts  
ODOM Coporation  
Paul Douglas  
REACH  
Rie Munoz Ltd.  
Robert Purvis  
Sarah Bosma  
Shee Atika Totem Square Inn  
Sheinberg Associates  
Sitka Counseling and Prevention Services  
Suzanne Williams  
Trinkets  
Venneberg Insurance  
Wells Fargo  
White Pass and Yukon Route  
White's Inc. &  
William Corbus

## **Advocate's Circle: \$100-\$249**

AEL&P  
Angie Hobbs  
Annie Kailis Fine Crafts  
Baxter Bruce and Sullivan  
Bret Connell & Jordan Nigro  
Cape Fox Lodge  
Charles Ford  
Cheri Rudolph  
Chilkat Guides  
Decker Gallery  
Diane Andresen  
Diversified Investments, Inc  
Doug Fanyak  
Douglas Weaver DDS  
Elizabeth Mosher  
Elizabeth Williams & Drew Spence  
Ernie's Old Time Saloon  
Fairweather Prints  
Family Practice Physicians  
Fisherman's Eye Gallery  
Ginger Johnson  
Glacier Pediatrics  
Good River Bed and Breakfast  
Grace Brooks  
Hames PE Center  
Jeanette St. George  
Janet Valentour  
Janice Goad  
Jerry and Diana Kennedy  
Jim and Suzi Lowell  
John Lager and Barb Bradford  
Juneau Artist Co-OP

KIFW  
Kate Walters  
Kathleen Walsh  
Laura Hosey  
Lynne Smith  
Madison Lumber and Hardware  
Maria Gladziszewski  
Mark and Carrie Pusich  
Mary Kay Cosmetics  
Michelle Umbs  
Natasha Bailey  
New York Hotel  
North Star Rent -a- Car  
Nugget Alaskan Outfitters  
Pam Mueller-Guy  
Pfizer Company  
Robert and Maggie Herbage  
SE Stevedoring  
Stacie Kraly  
Sierra and Carlos Jimenez  
Sitka Vision Clinic  
Sourdough Bar  
Spickler/Egan Financial Services  
Tlingit & Haida Community Council  
Travis Martin  
Trucano Construction  
Tyler Rental  
WHITES Inc.  
Whalefest

## **Empowerment Circle: \$50-\$99**

ALPS Federal Credit Union  
Alaska Raptor Center  
Alaskan Brewing Company  
Alaskan and Proud Markets  
Anderes Oil  
Arctic Bar  
Aurora Office Supply  
Big Foot Studios  
Brenda Hewitt  
Calisu Leaves  
Chalise Fisk  
Della Cheney  
E. Pearl Swanson  
Fitness Essentials  
Frances and Jeff Grant  
Gordon and Beth Tandy  
Gregory and Beth Weldon  
Harri Plumbing  
Helen Phillips, LMT  
Indian Cove Designs  
Jensen, Yorba, Lott  
Jetta Whittaker and Rob Steedle  
Joan Scott  
Joe Tompkins  
Joyce Levine  
Juneau Symphony  
Lesli Antolick and Lori Hoover  
Linni Esther, CHTP  
Moose Lodge KTN  
Nail Jazz  
Nick and Daren Puhlick  
Ocean View Restaurants  
Parnassus Books  
Perseverance Theatre  
Phoebe Rohrbache  
Safeway Food and Drug  
Sally Smith  
Sam Wright  
Sea Dreams Designs  
Soho Coho  
Spiral Studio  
Stephen Yasney  
Tatsuda's IGA  
The Bear's Lair

***A special THANKS to the hundreds of people who donated up to \$50.  
For a complete list of our donors, please visit our website: [www.sailinc.org](http://www.sailinc.org)***