

SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day ORCA Office Closed No School	2 MAC/AC Outdoor Explorers 3:00-5:30pm	3 YAC Outdoor Explorers 2:30-4:30pm	4	5	6
7	8	9 MAC/AC Rock Climbing 3:00-5:30pm	10 YAC Rock Climbing 2:30-4:30pm	11 HC Yoga Downtown JRC 6-8pm	12 JAMHI Bowling 1-3pm	13
14	15 OPEN Yoga Valley JRC 1pm-2:30pm	16 MAC/AC Outdoor Explorers 3:00-5:30pm	17 YAC Outdoor Explorers 2:30-4:30pm	18 OPEN Yoga Downtown JRC 6:30-8pm	19 JAMHI Sandy Beach Bonfire 1-3pm	20 Discover Eaglecrest Day! Eaglecrest Ski Area 10:30-3:30pm
21	22 OPEN Yoga Valley JRC 1-2:30pm	23 No After-School Activities Moved to Friday this week!	24	25 OPEN Yoga Downtown JRC 6:30-8pm No School	26 SAGA Youth Ropes Course 10-4pm No School	27
28	29 OPEN Yoga Valley JRC 1-2:30pm	30 MAC/AC Rock Climbing 3:00-5:30pm				

**Activities are subject to change.



This program is partially funded by the citizens of the City & Borough of Juneau through sales tax revenues.

A program of SAIL - 3225 Hospital Dr, Suite 300 - www.sailinc.org/orca - 586-0104 v/tty - Activities Cell (emergencies only) 321-2704

OCTOBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	**Activities are subject to change.		1 YAC Rock Climbing 2:30-4:30pm	2	3 OPEN Yoga Overnight Retreat <i>Jubilee Cabin - St. Therese Shrine</i>	4
	5	6	7 MAC/AC Outdoor Explorers 3:00-5:30pm	8 YAC Outdoor Explorers 2:30-4:30pm	9 HC Rock Climbing 6-8pm	10 JAMHI Yoga 1-3pm
12	13 OPEN Rock Climbing 6-8pm	14 MAC/AC Rock Climbing 3:00-5:30pm	15 YAC Rock Climbing 2:30-4:30pm	16 OPEN Rock Climbing 6-8pm	17 Alaska Day ORCA Office Closed No School	18
19	20 OPEN Rock Climbing 6-8pm	21 MAC/AC Outdoor Explorers 3:00-5:30pm	22 YAC Outdoor Explorers 2:30-4:30pm	23 OPEN Rock Climbing 6-8pm	24 JAMHI St. Therese Shrine 1-3pm	25
26	27 OPEN Rock Climbing 6-8pm	28 MAC/AC Rock Climbing 3:00-5:30pm	29 YAC Rock Climbing 2:30-4:30pm	30 OPEN Rock Climbing Festival! 6-8pm	31 Halloween	

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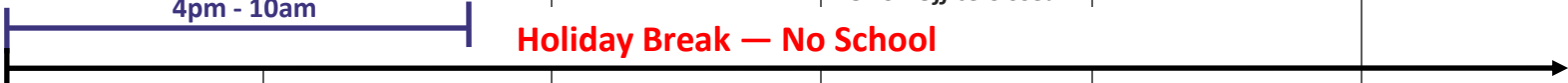
NOVEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		**Activities are subject to change.					1 Annual SAIL Auction & Dinner Centennial Hall 6-9pm
2	3 OPEN Aqua Zumba 8:30-10am	4 Mexico Trip!		5 OPEN Aqua Zumba 6:00-7:30pm	6	7	8
9	10 OPEN Aqua Zumba 8:30-10am	11 Veteran's Day ORCA Office Closed	12 OPEN Aqua Zumba 6:00-7:30pm	13 HC Swimming 6-8pm	14 JAMHI Auke Rec 1-3pm	15 JSC Ski Sale ORCA Ski/SB Booth Centennial Hall 9am-12pm	
Mexico Trip!		No School	No School	No School		No School	
16	17 OPEN Aqua Zumba 8:30-10am	18 MAC/AC Skating 3:00-5:30pm	19 YAC Tennis 2:30-4:30pm OPEN Aqua Zumba 6:00-7:30pm	20	21 JAMHI UAS 1-3pm	22	
23	24	25 MAC/AC Outdoor Explorers 3:00-5:30pm	26 YAC Outdoor Explorers 2:30-4:30pm	27	28	29	
30				Thanksgiving Holiday ORCA Office Closed			
				No School	No School		

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DECEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 MAC/AC Outdoor Explorers 3:00-5:30pm	3 OPEN Skating 11am-12pm YAC Tennis 2:30-4:30pm	4 Volunteer Info Night Coppa 4-6pm	5 JAMHI Gingerbread Houses 1-3pm	6
	7	8	9 MAC/AC Skating 3:00-5:30pm	10 OPEN Skating 11am-12pm YAC Outdoor Explorers 2:30-4:30pm	11 HC Skating & Ski Kick-Off Party! Treadwell Ice Arena 6-8pm	12
14 Ski & Snowboard Volunteer Training Eaglecrest	15	16 MAC/AC Outdoor Explorers 3:00-5:30pm	17 OPEN Skating 11am-12pm YAC Tennis 2:30-4:30pm	18	19 JAMHI Putt Putt Golf 1-3pm	20 Nordic Ski Volunteer Training Eaglecrest
21	22 Winter Youth Campout Saturday Creek Cabin 4pm - 10am	23	24	25 Christmas ORCA Office Closed	26	27
 Holiday Break — No School						
28	29 Holiday Break — No School	30	31 OPEN Skating & Adaptive Hockey! 11am-12pm	1 New Year's Day ORCA Office Closed	2	3 ORCA Ski & Snowboard Lessons begin!
					**Activities are subject to change.	

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ORCA FALL 2014

Fall Courses, Trips, & Events!

COURSES

YOGA: Sept. 15, 18, 22, 25, 29th

OPEN: All ages & abilities

Course: \$25/day or \$100/course (5 sessions)

Capstone Trip: Yoga Overnight Retreat - Jubilee Cabin

Trip Dates & Cost: Oct. 3-4, \$50/person

** Participants must attend at least 2 days of the course & be 18 yrs and older to attend overnight.*

ROCK CLIMBING: Oct. 13, 16, 20, 23, 27, & 30

OPEN: All ages & abilities

Course: \$25/day or \$100/full course (5 sessions)

Discount Rate: \$35/full course with purchase of \$50 Month Pass at The Rock Dump Climbing Gym.

Capstone Event: Oct. 30th - Climbing Film & Festival

AQUA ZUMBA - Nov. 3, 5, 12, 17, 19

OPEN: All ages & abilities

Course: \$25/day or \$100/course (5 sessions)

Capstone Event: Inclusive Classes (Nov. 5, 12, 19)

ICE SKATING - Dec. 3, 10, 17, 31

OPEN: All ages & abilities

Course: \$20/day or \$75/course (4 sessions)

Capstone Event: Adaptive Hockey!

Regular Groups & Clubs

YAC — Youth Adventure Club - Wednesdays

Elementary Students: 7-11yrs. *\$10/activity (+ride)*

MAC— Middle Adventure Club - Tuesdays

Middle School Students: 12-14yrs. *\$10/activity(+ride)*

AC— Adventure Club - Tuesdays

High School Students: 14-18yrs. *\$10/activity (+ride)*

Healthy Choices (HC)

Adult Healthy Choices group meets one Thursday each month. 17yrs+. *\$10/activity (+ ride)*

JAMMHI Fridays

Twice a month on Fridays. JAMMHI consumers only

EVENTS

Annual SAIL Dinner & Auction

When: Saturday, Nov. 1, 7pm

Time: 7:00pm

Location: Centennial Hall

Tickets on Sale: Oct 1st, Purchase at www.sailinc.org.

Annual JSC Ski Sale

When: Saturday, Nov. 15

Time: 9am-12pm

What: Used ski, snowboard & nordic gear sale

Location: Centennial Hall

ORCA Ski Kick-Off Party

When: Thursday, Nov. 18, 6-8pm

Location: Treadwell Ice Arena

Pre-Registration: SAIL Office & online www.sailinc.org.

ORCA Ski, SB, & Nordic Volunteer Training

When: Dec. 13, 14, 20

Location: Eaglecrest Ski Area — Porcupine Lodge

Sign-Up: mahleman@sailinc.org or 586-0104

TRIPS & OVERNIGHTS

ORCA Mexico Trip!

Dates: Nov. 4-12th, 2014

Location: Cabo, Baja Peninsula, Mexico

Cost: \$1800/person (+airfare to/from Mexico)

Included: All meals, activities, trip transport & lodging.

Activities: Beach, pool, snorkeling, kayaking, whale watching, swimming & shopping!

Reservations: 50% non-refundable deposit, & full

payment by **Tuesday, Oct. 14th**. Partial refunds are only considered if replacement attendee is found.

Accessibility: Trip is fully accessible. Two wheelchair spaces available on first come first serve basis.

Note: Participants must be 18 yrs or older to attend trip

Limited space left!

Call ORCA to reserve space: 586-0104.



CONTACT ORCA : 907-586-0104 - www.sailinc.org

Important Info

SKI & SNOWBOARD SEASON

Pick-Up & Drop-Off Locations

ORCA Adaptive Ski & Snowboard Program is every Saturday & Sunday starting Jan. 3, 2015

2015 SEASON PRICES

Adaptive Ski & Snowboard Lessons

Half Day Lesson: \$45
Full Day Lesson: \$75

Adaptive Ski Buddy

Half Day Ski Buddy: \$20
Full Day Ski Buddy: \$30 (For intermediate or advanced skiers only)

Adaptive Full Day Lesson Combo

Half Day Lesson + Half Day Ski Buddy: \$50

Nordic Ski Lessons

Half Day Lesson: \$25

**Financial Aid: Scholarships are available based on financial need.
Contact ORCA for more information 586-0104.*

ACCESSIBLE TRANSPORTATION

	Pick-Up	Drop-Off
Mendenhall Mall <i>(Near NAO)</i>	8:30am	4:15pm
Walmart	8:40am	4:00pm
Blockbuster <i>(downtown)</i>	8:50am	3:50pm
Douglas Breeze-In	9:00am	3:40pm

Pick-Up & Drop-Off Locations:

All ORCA Course & Activities, except youth after-school activities (YAC, MAC & AC), will pick-up and drop-off at the above locations.

Pick-up times vary based on each course schedule. Please call the ORCA Office to schedule: 586-0104.

Mendenhall Mall (near NAO)
Wal-Mart
Blockbuster (downtown)
Douglas Breeze-In

NEW Porcupine Lodge!

Eaglecrest Ski Area is building the Porcupine Lodge, a *brand new* learning center that will include the Rental Shop, Ticket Window, Snowsports School, Retail & Repair Shop, Children's Room, Multi-purpose space, and **Adaptive Ski & Snowboard Office!** Estimated Completion: December 2014

Ski Locker

ORCA will have an Eaglecrest ski locker again for the 2015 season. Participants may store one pair of skis & poles or snowboard for the entire season for **\$60.00**. Limited space available!

First come first serve basis.

Contact ORCA office to reserve: 586-0104.



CONTACT ORCA : 907-586-0104 - www.sailinc.org

ORCA Goes To The Baja Peninsula



November 4-12, 2014 (dates subject to shift by up to two days depending on airfare)

Join SAIL's ORCA Program as we explore

Mexico's southern Baja Peninsula. Activities include whale watching, snorkeling, shopping, ocean and outdoor pool swimming, amazing food and, of course, relaxation in the sun!

Trip Cost \$1800 (+airfare to/from Mexico)

Trip Cost Includes all meals, activities, transportation (minus airfare to/from Cabo) and lodging.

Personal Care Givers Individuals are invited to bring personal care attendants as needed. ORCA is reserving two, paid spots for PCAs.

Trip Reservations are made with a 50%, non-refundable deposit and should be turned in with the below form. **Final trip payment is due Tuesday, October 14th.** ****Partial refunds are only considered if a replacement attendee is found.**

Questions or more information, contact Tristan at 586-4920 or tombardo@sailinc.org.



ORCA Mexico Trip Reservation Form

(Accepting Trip Deposits Beginning August 1st.)

Name: _____ DOB: _____

AK Air Mileage Plan #: _____ Deposit Amount: \$ _____

Payment Method (please circle): Check Cash Credit Card

**Please attach payment to this form, or fill out credit card information below, and return to your local ORCA office.*

Name on Card: _____ Card Type: _____

Card Number: _____ Expiration: _____

Security Code: _____ Billing Zip Code: _____



Inspiring Personal Independence

SOUTHEAST ALASKA INDEPENDENT LIVING

3225 Hospital Dr, Suite 300, Juneau, Alaska 99801, 1-800-478-SAIL, ph/tty: 907-586-4920, fx: 907-586-4980

SIGN-UP FOR AUTO-PAY

The ORCA Program is now set-up to accept auto-bill pay.

Call Tristan at 586-4920 to set-up your account and make activity payments fast and easy!

Participants are encouraged to pay monthly or in advance of activities.

- Courses: Participants may sign-up for single days or for the entire course. All courses are open to all ages & abilities. Adaptive equipment and instruction is provided.
- ORCA Multi-Day Trips: Open to consumers 18 and older. A 50% deposit is required for trip reservation.

ORCA Activity Costs

All Youth Activities: \$10
Healthy Choices: \$10

Transportation Costs

One Way Ride: \$2
Round Trip Ride: \$4

Open Course Costs

Per Session: \$25/session
5-Weeks: \$100/course

Scholarships & Trip Costs

Visit www.sailinc.org or call 586-0104 for more info.

ANNUAL SAIL AUCTION & DINNER

SAT. NOV 1, 6PM – CENTENNIAL HALL

Come support SAIL and the ORCA Program at our Annual Auction and Dinner Gala at Centennial Hall. All community members are welcome.

Discover exciting auction items from clothing, to photography, and Alaskan excursions. Tickets: \$TBA

All proceeds benefit Southeast Alaskans experiencing disabilities.

Call SAIL for more information about this event: (907)-586-4920

ON THE WAIT LIST FOR WAIVERED STATE SERVICES?

Anyone who has applied for waived services through the State of Alaska, and are on the wait list may be eligible for reduced costs for ORCA activities. Please contact us for more information.